Bridgeport Central High School Marching Band & color Guard



PARENT/STUDENT HANDBOOK 2009-2010

This handbook is provided to help students and parents understand the responsibilities associated with membership in the band program.

Welcome To The Central High School Marching Band & Color Guard!

This Handbook has been designed to help students and parents gain a better understanding of the entire band program. As the director I know that the first introduction to the band program can be very confusing. Time, sports, and academics are all big concerns. Here are some commonly asked questions.

Q: Is Marching Band all year?

A: No, the competitive Marching Band season ends in early November with parades to follow.

Q: Can you do band and sports?

A: Yes, but you must be extremely well organized and responsible. The band and athletic programs need to know WELL IN ADVANCE of any conflicts. Students who are athletes and musicians must split practice time evenly, and are expected to attend *all* band performances. There is room for academics, athletics, and music, as long as you plan carefully.

Q: Will my grades suffer from doing band? Will it take away my time to study?

A: Definitely not! Many band members take multiple AP classes and are even NHS members. Marching Band teaches students how to manage their time between practices and school work leading to less procrastination and resulting in higher grades during the season.

Q: Why does band rehearse so much? Will I have time to be with my friends and family?

A: The band actually spends less time rehearsing both during and after school than a sports team would practice after school alone. Despite our shorter rehearsal times, we strive for excellence and being the best at what we do takes practice, performances are only fun if they are successful. In the case of many students, after a few weeks in band, you will find that time spent at rehearsal *is* time spent with your friends. There is also a day or two in between every practice that can be used to be with family.

Q: What is Band Camp???

A: Band Camp is a period of training and rehearsal for marching band prior to the start of classes. It is mandatory for all members, in order to learn our show in a timely manner and yes, the music must be memorized. The band will rehearse from morning through the evening and will have ample breaks for lunch and water. Activities in Band Camp include music rehearsal, basics of marching, exercise, show rehearsal and section bonding time. It is an intense week, but for many, their favorite time of the season. First day of camp is orientation where you're introduced to the band but also come ready to march!

I hope that you find this handbook useful as a guide to the world of the Central High School Marching Band. All of our members consider marching band to be the best part of school and have many fond memories of the band. Congratulations on your decision to join the band and I look forward to seeing you soon! We are trying to start some new policies this year that we hope will continue on to next year and we would appreciate your support. One of our main goals for this year is to start a Band Parents Association so parents, please get involved!

Joe De Groate - Band Director

TO DO List

STUDENTS

Here are things you must do before Band Camp to make sure your experience in Marching Band is fun and successful:

- Obtain and sign out your own instrument at the start of band camp. Most common instruments can be
 provided by the school. Guard equipment is also provided by the school.
- Completely fill out the attached forms found in the back of this handbook and bring them with you on the first day of band camp.

YOU CANNOT PARTICIPATE IF YOU DO NOT HAND IN ALL COMPLETED FORMS.

- Contact Mr. De Groate to discuss any band camp conflicts ASAP! You can call him at 314-7080 or email at joedegro@aol.com
- Please understand that **Band Camp** is a VITAL part of our success. We need every member present so we can learn the show and perform successfully at the start of the season.

Parents: We need your help!

The CHS Band Parents Association is currently non existent and we need all parents to get involved and help re-establish this program. We want parents to be involved in all aspects of the band, which will not only allow the parents to see the work that their children are doing but also be a part of their success. Interested parents are needed to work in the following areas:

- Percussion Set-up (known as Pit Crew) at all performances
- Show Props Set-up (known as Set Crew) at all performances
- Quarter Master Committee (uniforms)
- Instrument Maintenance and Repair
- Bus and Performance Chaperones
- Fund Raising

Central High School Marching Band & Color Guard 2009-2010 Schedule

Please Note:

Schedule is subject to change. Exact dates for all events are still TBA (To Be Assessed).

Band Camp: (Full Band – Horns, Guard and all Percussion) August 17-21

- Session I 8:00 a.m. to 12:00 noon.
- Lunch Break All students should bring either a lunch from home or money to eat at the nearby stores i.e. Subway, Bakeries, Sergio's Pizza Place, and Corner Stores. Lunch will not be provided.
- Session II 1:00 p.m. to 3:00 p.m.

*Each student is required to attend all sessions.

2009-2010 Parades (Actual Parade Dates TBA)

October 12, Monday: Columbus Day

November 10, Tuesday: Veterans Day Parade

March 15, Saturday: St. Patrick's Day May 24, Monday: Memorial Day Parade

June: Juneteenth Parade

2009 Competitions

October 3 – Trumbull

October 10 – Naugatuck

October 24 - Shelton

October 31 – Jonathan Law

November 7 – Norwalk

November 14 – MAC Championships

Bridgeport Central High School

Other Central High School Shows

November: Pep Rally at Central High School November: Thanksgiving Day Football Game

Student's Musical Responsibilities

The primary focus of any band is music. The quality of the group is dependent on the quality of the individuals. Improvement for us all happens in only two ways: *instruction and practice*. Mr. De Groate and the staff work hard to make this experience educational and enjoyable. Therefore, all students are required to practice on their own time. <u>Group rehearsal isn't enough to make a great band!</u>

STUDENTS MUST TAKE THEIR INSTRUMENTS HOME FOR ADDITIONAL PRACTICE.

All music needs to be learned over the summer, to the best of students' abilities and preferably memorized before the first competition.

It is the students' responsibility to protect and care for their instrument. All instruments must be stored in appropriate instrument cases.

WHAT STUDENTS NEED FOR EVERY REHEARSAL:

- 1. instrument or guard equipment
- 2. mouthpiece, neck strap, valve oil, reeds, drum sticks, mallets, etc. for their instrument
- 3. all music, even if it's memorized
- 4. pencil
- 5. drill book

Reeds, mouthpieces, mallets, drumsticks, neck straps etc. will be provided by the school but do not abuse this privilege.

Private Lessons

It is a well-known fact among musicians that private lessons, in combination with school study, will lead the student to their highest level of excellence. The band director doesn't have the schedule time to provide individual lessons to all students, so without private lessons, students don't develop all the possible techniques on their instruments. With the expertise of a private teacher, students will have more individual attention and undeniably greater success with music.

If you are interested, feel free to call Mr. De Groate for names of teachers in the area. Don't forget – college students can be great instructors! They will give professional quality lessons at a lower price.

Band Member & Color Guard Rehearsal & Performance Responsibilities

ALL STUDENTS SHOULD ARRIVE AT LEAST 30 minutes before the start of all rehearsals.

Attendance is **mandatory** for band. Students are expected to be at all rehearsals and performances on time and ready to begin at or before the designated start time for an individual activity.

VERY IMPORTANT! PLEASE NOTE:

ALL SCHEDULING CONFLICTS INVOLVING BAND EVENTS (BOTH REHEARSALS AND PERFORMANCES) MUST BE BROUGHT TO MR. DE GROATE'S ATTENTION, <u>IN WRITING</u>, <u>AT LEAST 30 DAYS BEFORE THE CONFLICT</u>. PLEASE MAKE ALL EFFORTS TO AVOID CONFLICTS.

IMPORTANT!

BAND CAMP WILL NOT BE CANCELED DUE TO INCLEMENT WEATHER; REPORT TO THE BAND ROOM.

Sectionals and Performances

- All evening sectionals will be held at either the rehearsal field (blacktop) or the band room. Students are required to be at the band room at the **start** of sectional ready to practice or go to the blacktop.
- Students should dress appropriately for rehearsals. Comfortable sneakers and socks are required. As the weather gets colder, prepare accordingly: warm clothing in layers, gloves, hats, etc.
- For safety and liability concerns:
 - i. Students must check in with Mr. De Groate if leaving early.
 - ii. Students must check in with Mr. De Groate if leaving the rehearsal site, even during breaks.

All members are highly encouraged to attend sectionals, the more practices we have the better!

Performances

All members are required to attend all performances. The band director will provide a list of all performances far in advance of the season's start. All conflicts must be reported to the director **one month prior to the performance**. Please fill out the attendance form and return to the director prior to band camp. Performances will include, but not be limited to, some home football games, parades, and MAC competitions.

Please Note: Rehearsal and performance dates, times, and locations are subject to change.

LOCKERS:

The band room is equipped with many instrument lockers of varying sizes. All members of the CHS Marching Band are entitled to use them. Students are highly encouraged to bring in a combination or key lock and ask the director for a locker. This will prevent instrument damage and theft of personal property.

Procedures for Events & Performances

Uniforms

Please note: Students are responsible for and are expected to appropriately store and care for their uniforms and all uniform parts.

Students will be fined for damage to or loss of their band uniforms.

- "Full Uniform" is defined as: pants, black socks, drillmaster (all black) shoes, jacket, helmet, and plume. Guard in costume.
- Uniforms are either ALL ON or ALL OFF. Our professional image is ruined by band members walking around in just pants, for instance. Students will all change at the same time in a location determined, NOT in public.

TRANSPORTATION

- Students are not to leave a performance site for any reason, except an emergency.
- If a student needs to leave a competition early, they may leave after the band's performance with a parent. A note from the parent is required ahead of time.

PARADE PROCEDURE

- Students will meet at the school and ride the bus to the parade start site.
- Chaperones will march alongside both sides of the band during the parade.
- At the conclusion of the parade, students will reassemble immediately on the buses unless otherwise specified by the director.

Competition Procedure

- Students will ride school buses to all competitions.
- Chaperones and staff will accompany the band and assist as needed.
- At the conclusion of the band's performance, students will meet at a designated area for critique and further instructions given by the director.

A Day in the Life

Typical Week Night Rehearsal:

Monday, Tuesday, and Thursday

Arrive at 3:00pm: Get instrument, flag, music, etc. and meet at field for stretching and running

3:30-5:00pm: Sectional music and/or drill practice

Typical Saturday Rehearsal:

Arrive at 8:00am: Meet in the Band Room, get instrument, flag, music, etc. and meet at field for stretching and running.

8:30am-12:00noon: Rehearse the Full Show with Music and Drill Work.

12:00noon-1:00pm: Lunch/Break

1:00pm-5:00pm: Continuation of Rehearsal of the Full Show

Typical Competition Day:

Rehearsal in the morning with lunch at the school

Load the buses and pit truck 2 hours prior to performance time

Drive to competition, warm up as a group – usually one of the first bands to go on

March in to a cadence and perform for many people, and several judges!

March off, meet with director and staff for critique and information

Change out of uniforms, have dinner and watch bands with friends

Drum Major and captains retreat in full uniform for awards ceremony, generally 8-9pm

Band is ranked and possibly given a trophy or plaque

Band reports to buses and returns to CHS

Unload pit truck, everyone goes home

2009 Marching Band Practice Schedule

Summer Band Camp

- o Everyday, week before school starts
- 8:00am 3:00pm
- o Starts On: Monday, August 17, 2009
- o Ends On: Friday, August 21, 2009

	August							
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2	3	4	5	6	7	8		
9	10	11	12	13	14	15		
16	17	18	19	20	21	22		
23	24	25	26	27	28	29		
30	31							
5:C	13	: •	20:	27	·:•			

Everyone(Full Band)

Thurs 3-6pm Saturday 8am-5pm Monday Sept 28 - 9am-5pm

Sectionals

Band - Tues 3-6pm Colorguard - Tues 3-5pm Drumline - Tues 3-6pm Pit - Weds 3-6pm Full Percussion - Fri 3-6pm

2009 Competitions

October 3 – Trumbull

October 10 – Naugatuck

October 24 – Shelton

October 31 – Jonathan Law

November 7 – Norwalk

November 14 – MAC Championships, Bridgeport Central High School

Parental Involvement

FACT: PARENTAL PARTICIPATION ENHANCES EVERY STUDENT'S BAND EXPERIENCE.

HELP US GIVE YOUR CHILD THE BEST EXPERIENCE HE OR SHE CAN HAVE. GET INVOLVED!

Parental involvement is critical for the success of the band program. All parents are urged to become active members of the **Band Parents Association** and help revive the organization. The main goals of the Band Parents Association are:

- 1. Raise funds to support the band program and actively participate in all programs and events.
- 2. Encourage the students and their program in a positive, supportive way.
- 3. Provide support and assistance as chaperones and role models.

The Association sponsors fund raisers throughout the year which often require 100% participation from students and parents. Again, assistance from all families is a necessity for the success of the band program.

Parents with specific talents or contacts that may enhance the band program are encouraged to discuss them with the director. Parents are needed for quartermaster duties (uniform maintenance and distribution), chaperones, construction, etc. Those seeking extra involvement are encouraged to run for office in the organization or attend steering committee meetings.

Parents are invited and encouraged to attend CHS Band rehearsals! It's good for parents to see how rehearsals run, and gives them a chance to see the staff and students in action. Parents are also strongly encouraged to attend all performances and competitions in which the band participates. This encouragement is valued by your sons and daughters, even if they don't show it!

THE HOME COMPETITION – MAC Championship

EACH SEASON, THE CHS BAND SPONSORS THE MAC CHAMPIONSHIP. THE CHAMPIONSHIP IS OUR PRIMARY FUND RAISER. THERE IS A GREAT DEAL OF PRE-PLANNING AS WELL AS PERSONAL COMMITMENT ON THE DAY OF THE EVENT. IT IS IMPERATIVE THAT ALL PARENTS BECOME INVOLVED IN ANY OR ALL ASPECTS OF THIS IMPORTANT EVENT. THE ASSOCIATION HOPES THAT ALL PARENTS WILL CLEAR THEIR SCHEDULES AND BE AVAILABLE TO OFFER THEIR SERVICES DURING THE DAY OF THE EVENT.

PARENTAL SUPPORT NEEDED FOR ON-SITE PERFORMANCES

- 1 Quartermaster prior to performance with equipment for repair of uniforms
- Pit Crew/Set Crew
- Beverage parents: water or hot cocoa as temperature dictates

PARENTAL SUPPORT NEEDED FOR AWAY PERFORMANCES

- 2 chaperones per bus (currently 2 buses).
- 1 Quartermaster with equipment for repair of uniforms
- 1 runner (holds medical data, attendance)
- Pit Crew/Set Crew (exception: parades)
- Beverage parents: water or hot cocoa as temperature dictates

^{**}Parents are encouraged to wear red and black or a CHS jacket during competitions, performances and parades.

Fund Raising

In order for successful operation of the Central Band, funds must be raised. We have tried in the past to raise funds but in one way or another, those forms of fund raising have been banned by the Board of Education like bake sales. We are now looking for different ways to fund raise and are open to any possible suggestions. If you have any suggestions please let Mr. De Groate know either by phone, (203)314-7080, or preferably by e-mail, joedegro@aol.com.

Fund raising is utilized to pay for staff, music, drill and special events.

Ad Book

An Ad Book is a book where local businesses from Bridgeport and surrounding cities would buy advertising space in the book itself, which would then be sold at championship day to hundreds of people. The way that the ad book space would be sold is listed below and each individual member of the band is responsible for selling ten ad spaces by the week before championship. Failure to do so will result in less money for the band to use, which is a punishment in itself.

- Front Page \$50 (Only One Spot)
- Full Page \$40
- Half a Page \$20
- Quarter of a Page \$10
- Business Card \$5

Raffles

Raffles are a great and traditional way to fund raise. Last year we did a raffle, which was very successful. We need help in choosing what the prizes are as well as actually selling the tickets. The prices for the tickets are listed below.

- 1 Ticket \$1
- 3 Tickets \$2
- Arm's Length \$5

Bake Sale

Bake sales are a good way to raise money but for these sales to be successful, we need goods to sell which we rely on the band members to bring in.

You should bring in:

- Cookies, Brownies, Cupcakes, Doughnuts, etc.
- Napkins, Plates for Cakes
- Juice boxes

Health History/Permission to Travel & Medical Release

In order to participate in ANY band activity, including band camp, evening rehearsals, performances, and competitions, students must have an up-to-date Health History and signed "Permission to Travel & Medical Release" on file. In case of an emergency, the staff must be able to give this information to medical personnel to provide medical care for the student. Please complete, in detail, the Health History and Permission to Travel & Medical Release forms in this handbook and return no later than the first day of camp. The band director will have a hard copy of the medical form for all band activities.

IMPORTANT!

ANY STUDENT WHO HAS NOT SUBMITTED A COMPLETE, UP-TO-DATE HEALTH HISTORY AND SIGNED PERMISSION TO TRAVEL & MEDICAL RELEASE FORM WILL NOT BE PERMITTED TO PARTICIPATE IN BAND ACTIVITIES.

Communication

Communication between parents and the band is an important priority. In order to facilitate open communication lines, the Band Director will use phone calls and e-mail for band parents and students. It is imperative that he be provided with current phone numbers and e-mail addresses of both students and parents. During the years that your student is a member of the band, it is important that you advise us of any change of address, phone or e-mail. Please refer to the listing at the end of this handbook for e-mail and phone numbers.

The Band Director may be contacted at his cell phone. The phone number is (203) 314-7080. A voice messaging system is available at this number 24 hours a day.

CENTRAL HIGH SCHOOL MARCHING BAND & COLOR GUARD MEMBER ATTENDANCE CONTRACT

In order for the Central High School Marching Band and all performing groups to achieve the highest level of musical excellence, attendance at all rehearsals and performances is mandatory. Any potential conflicts with rehearsals or performances must be submitted in writing (using the attendance form) at least one month prior to the conflict. It is equally important for students to be on time and ready to begin (instruments, music, and equipment on person, dressed appropriately) at the designated starting time. It is important to note: in order to start on time, the student must arrive a few minutes prior to rehearsal. Any student not prepared to begin on time will be considered late.

Specific consequences for lateness, unexcused absences or inappropriate behaviour will be set and enforced by the band director, drum majors, or section leaders.

This emphasis on attendance is for the good of the entire band. Without full attendance, we cannot function as a

The only acceptable excuses for missing rehearsals or performances are:

- documented illness, with a doctor's note
- calendar religious holiday
- death in the family

proper whole. Our team is harmerehearsals by all members of the C	d by inconsistent effort. Success will only come with consistent attendance at EHS Band.
understand that if I violate this c	, accept the terms of attendance for the Central Marching Band. I ontract the director reserves the right to revoke my performing opportunities or remove me from band membership.
Signed	Date
I have discussed the attendance p attendance.	policy of the band with my child and will support the band Policies regarding
Signed (parent/guardian)	Date
Signed (parent/guardian)	 Date

In order to ensure optimal attendance for all members at all events, the attendance contract between the student and the band must be signed and delivered to the band director prior to enrolling in band.

CENTRAL HIGH SCHOOL MARCHING BAND & COLOR GUARD EXCUSED ABSENCE FORM

***Note: an approved excused absence must follow the regulations designated in the student attendance contract. <u>Completion of this form does not constitute an excused absence</u>. The band director must approve all absences.

Name:	
Phone:	
Parent/Guardian name:	
Date submitted:	
Date of absence :	
	h necessary documentation):
Student signature	
Parent/guardian signature	
Director signature:	
☐ Approved	☐ Denied

Excused Absence Form must be submitted to the band director one month before absence if planned i.e. religious holiday or after the absence A.S.A.P. if it was unplanned i.e. sickness.

Central High School Marching Band & Color Guard SPORTS ATTENDANCE CONTRACT

Waiver for members of fall athletic teams of Central High School:

The band program for Central High School fall athletes will accommodate limited specific provisions. It is possible that certain games away from Central High might come into direct conflict with band rehearsals. Therefore, student athletes must sign the sports attendance contract and have both the respective coach and band director sign off to avoid potential conflicts.

It is the intention of the band program to cooperate with the athletic programs so those students electing to participate in both may do so. However, this requires great organization and planning skills. Students who participate in sport practices are expected to be on time to band rehearsals.

In the event that a student is participating in an athletic game that would cause tardiness or absence to band rehearsal, the student will be excused without penalty. The student MUST provide a minimum of two weeks **notice** (but preferably before the season begins) to the band director in writing (using the attendance form). Students will make every effort to attend rehearsal. A show of good faith on the student is expected. If a conflict arises with less than two week's notice, like playoffs, the written excuse will be subject to approval by the band director.

If a band performance conflicts with a sports practice, students will be expected to attend the band performance.

I have read the Sports Attendance Contract and understand the responsibility of accepting two Fall activities. I

membership in the Marching Bar	d.	maintair
Ι	, am participating in both band and	
(Student name)	(Sport)	
I have read and I understand and	accept the terms of the band/sports attendance policy.	
Student Signature	Date	
best to avoid conflicts and help the	nt is participating in both band and a Central High School sport. We wistudent succeed. I have read and discussed the sports attendance policy of the band policies regarding attendance.	
Signed (parent/guardian)	Date	
Signed (Sports Coach)	 Date	

Signed (Band Director)

Date

Rules/Guidelines for Marching Band

Absences

- Unexcused Absences
 - Allowed 5 unexcused absences starting from spring practices
 - More than 5 unexcused = kicked out of the band
- Excused Absences
 - If planned (i.e. doctor's appointment)
 - 2 weeks notice with a filled out and parent signed Excused Absence Form
 - Unplanned (i.e. illness, death in family)
 - Filled out and parent signed Excused Absence Form/written note from a parent due following practice
- Competition Day
 - Miss a competition = up to the band director

Tardiness

- Outside Practice
 - 2 Laps *for every 5 minutes* late and make up any missed warm ups
- Inside Practice
 - 20 curl ups/push ups for every 5 minutes late and make up any missed warm ups
- Competition Day
 - 1 hour late or more
 - You will not be allowed to participate in the competition

Leaving Early

- o Excused (i.e. for doctor's appointment, Church)
 - Let the person in charge know at the start of practice.
 - If it is a reoccurring event (ex. church every Wednesday) notify the drum major and section leader at the *start of the marching band season*
- Unexcused (what counts as excused/unexcused is up to the person in charge of the practice)
 - Outside Practice
 - 5 laps
 - Inside Practice
 - 50 curl ups/push ups
- Competition Day
 - Leaving before a competition and not performing
 - Counts as missing a competition = up to the band director
 - Leaving after a performance
 - Notify Band Director
 - Without notifying band director = up to the band director
- O All punishments will happen at the end of the practice (weekday) or during the lunch break (Saturday)

Misconduct During Practice

o Punishments for misconduct or *any other offences including tardiness or missing a practice* are at the discretion of the band director, drum major, or section leader.

Student & Family Information Form Fill In All Applicable Boxes. PLEASE PRINT CLEARLY.

	ole Boxes. PLEASE PRINT CLEA		
Student Name		Date of Birth	
Address		Graduating Class	
City, Zip		E-mail Address	
Home phone	()	Instrument(s)	
Fax phone			
	□ Male		
	□ Female		
Father's Name		Mother's Name	
Address		Address	
City, Zip		City, Zip	
Home phone	()	Home phone	()
Work phone	()	Work phone	()
Cell phone		Cell phone	
Fax phone		Fax phone	
E-mail Address		E-mail Address	
Guardian's Name			
Address			
City, Zip			
Home phone	()		
Work phone			
Cell phone			
Fax phone			
E-mail Address	,		

Please Not	te: You must brin	g completed form to 1	egistration.				
Quarter Master Surv	VEY FORM						
Uniform Information							
Student Name: First n	ame	Last Name	phone				
Height							
Weight							
Waist							
Arm Length							
Leg Length							
Shoe Size							
Previous Uniform Number							
Previous Helmet Number							
***Note: All students are required to have their uniforms dry cleaned twice, before the first competition and again before championships. Notes:							

If your child is new to the band and does not know his/her uniform or helmet number, leave those sections blank and they will be filled out when uniforms are distributed.

			Please Note: You	mus	st bring	g completed form to	reg	istratio	on.	
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St	udent	Nam	ne:							
•	uucii	1 (4411	First name	•	Last	Name		phone		
	Yes	No	Please Note: Al	l info	ormation	ı provided by you will	be ke	pt in stri	ictest confidence	
l			Do you have any concerns a	bout y	your chil	d's general health (eatin	g and	sleeping	g habits, weight, teeth	
2			Does your child have any ot	ner sp	ecific il	lness or problem?				
3			Does your child have any all	ergies	s (food,	insects, medications, etc	.)?			
1		_	Does your child take any me							
<u>-</u> 5			Does your child have any pr		,	• • • • • • • • • • • • • • • • • • • •	olass	es conta	cts ear tubes hearing	
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	Α	nemia Arthritis	the box next to the medical o			Pneumonia Poliomyelitis			nt Medications Yes (List Below)	
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			g Disorder			Rheumatic Fever				
	Е	Bronchi	tis			Scarlet Fever				
		hicken				Sinusitis				
		Convuls Diabetes	sions/Neurological Disorders			Sleep Walking Thyroid Condition				
			Disorders			Tuberculosis				
		pilepsy				Tumors				
		ye Ailı								
		ainting				Visual				
			t Colds Measles			Eye Glasses Contact Lenses				
			mach Problems			Contact Lenses				
		Ieadacl				Allergies				
			ilments			Hay Fever				
			Ailments			Insect Stings				
		<u> Ieasles</u>	icleosis			Penicillin Other				
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Medical Insurance Policy Number

If you don't have a primary care physician or insurance just leave the section blank and hand it in as it is.

Permission to Travel & Medical Release Form 2009 Season - Central High School Marching Band & Color Guard

Name of Student:	
Birth date:/	
Name of Parents/Guardians:	
Home Phone: ()	
Work Phone: ()	
Work Phone: ()	
I give my child permission to travel with the Centra trips and activities during the 2009-2010 school years	-
In the event that reasonable attempts to contact me at at () have been unsuccessful school staff or parent sponsors to seek medical treatment administration of any treatment deemed necessary by my child to any hospital reasonably accessible. The unless the medical opinions of two licensed physics surgery is obtained prior to the performance of such a prescribed medications, or other pertinent information lines provided.	I. I authorize Mr. Joe De Groate and/or supervising ment for my child. I hereby give my consent for the a licensed physician or dentists and the transfer of is authorization does not cover any major surgery cians or dentists, concurring it necessity for such surgery. I will list any medical conditions, allergies
(Parent / Guardian Signature):	Date:
Photo Release Section	
, , , , , , , , , , , , , , , , , , ,	ld's photo to be released, used in band publications ideos and group photos are the property of the band
I am aware that the CHS Marching Band might use permission for them to do so.	my child's photo for their publications and I give
(Parent / Guardian Signature):	Date:
Additional Comments:	
Submit completed form to band director.	

Parents - Tell Us About Yourselves

My name is	
I am the mother/guardian of	
I can do: (check all that apply)	
Carpentry	
Painting	
Sewing	
Graphic Arts Web Design	
Web Design Cook and Bake	
T1 (1	
I have a Class 2 drivers license	
Yes, my employer will match my tax deductible donations. (matching contributions	
program)	
Yes, I work locally and I can offer my services as a daytime band chaperone.	
Yes, I am interested in volunteering my services to the Band Parents Committees	
Yes, I have local contacts with the news media	
Yes, I can approach my corporation or business to ask for support for the band	
My name is	
I am the father/quardien of	
I am the father/guardian of	
1 1 (1 1 11 1 (1)	
I can do: (check all that apply)	
Carpentry	
Painting	
Sewing Graphic Arts	
Web Design	
Cook and Bake	
I have a truck	
I have a Class 2 drivers license	
Yes, my employer will match my tax deductible donations. (matching contributions	
program)	
Yes, I work locally and I can offer my services as a daytime band chaperone.	
Yes, I am interested in volunteering my services to the Band Parents Committees	
Yes, I have local contacts with the news media	
Ves I can approach my corporation or husiness to ask for support for the hand	

Important Phone Numbers and Addresses

Joe De Groate Band Director Bridgeport Central High School 1 Lincoln Blvd. Bridgeport, CT 06606 (203) 576-8394 Band Room (203) 337-0173 School Fax (203) 314-7080 Cell This handbook was designed and prepared
For the parents and students of the
Central High School Marching Band & Color Guard
By:

JOE DE GROATE

BAND DIRECTOR

For more information or questions in relation to this handbook please contact Mr. De Groate at (203) 314-7080 between the hours of 7:30 a.m. and 5:30 p.m. Monday through Friday.

Let's this last season the best one yet!